



**SAFETYTM
ACTION**



Health & Safety Training for Schools

A practical approach to health and safety training.
Train on site or online.

BOOK TODAY

0800 222 388 | [safetynaction.co.nz](https://www.safetynaction.co.nz)

CONTENTS



About our training	pg 2
Vocational Pathways	pg 3 - 5
Happy Clients	Pg 6
Face-to-Face training	Pg 7-19
Online training	Pg 21 - 23
How to book, get in touch	Pg 24

Schools Health & Safety Training Supporting career pathways for youth

Safety 'n Action has a proven track record in delivering quality health and safety courses for Gateway students. Whatever career your students are aiming for, everyone needs to understand their health and safety responsibilities.

Adding these credentials to their CV will make all the difference when entering the workforce.

VOCATIONAL PATHWAYS



	NZQA Unit Standards	Available Credits	Level	Price Per Person +GST
Fire Extinguisher	3271, 4647	2	2, 2	\$155
Mobile Elevated Work Platform Minimum 16 years+	23960, 23962, 23966	10	3, 4, 3	\$430
Height Safety Introduction Minimum age 15 years+	17600, 23229, 25045	11	3, 4, 4	\$250
Hazard and Risk Management	00497, 30265	11	8, 3	\$250

Nationwide training centres *Whangarei, Auckland [Albany, Highbrook], Waikato [Hamilton,

VOCATIONAL PATHWAYS: INDUSTRY SPECIFIC TRAINING

Opportunity for Rangatahi | Youth to train alongside qualified individuals, representing multiple sectors at our nationwide* purpose-built training centres.

ST	Manufacturing and Technology	Construction and Infrastructure. Allied Trades	Creative Industries	Primary Industries	Social and Community Services	Services Industries	NZ Defence Force
	●	●	●	●	●	●	●
	●	●		●			●
	●	●	●	●		●	●
	●	●	●	●	●	●	●

Morrinsville], Palmerston North, New Plymouth, Wellington, Christchurch, Dunedin

Hear from our Schools

“

Having used Safety 'n Action for a number of years now, I would like to let you know that the course is a pleasure to attend. The students love the trainer's vibrancy and were engaged throughout the day.

”

“

The trainer showed a fabulous understanding of the school learning environment and curriculum and related brilliantly to our students including those with barriers to learning.

”

Hear from our Trainees

“

Really enjoyed the course. Learnt heaps. Trainer was easy to talk to and didn't mind lots of questions. Thanks.

”

“

Everyone was involved and got to try out the gear. The course was fun and and no one got bored. Thank you!

”



Schools Hazard and Risk Management

Prepare yourself for future employment, with a comprehensive understanding of how to identify and assess potential risks and hazards in the workplace.

This course will give you the skills to identify the difference between hazards and risks in the workplace or job role and carry out a risk assessment for specific workplace scenarios. You will also learn about the effect of uncontrolled risks and how they can affect not only the workers, but the organisation and the environment as well. In a practical exercise, you will prepare a work method statement and undertake a job safety analysis.

Key Learning Outcomes:

- ✓ Demonstrate knowledge of workplace health and safety legislation
- ✓ Ability to identify, control and monitor risks in the workplace
- ✓ Prepare and undertake a job safety analysis
- ✓ Understand how to describe the principles of health and safety risk assessment
- ✓ Application of health and safety risk assessment to a job role in accordance with regulatory requirements and industry good practice

SCHOOLS HAZARD AND RISK MANAGEMENT

Unit 497	Demonstrate knowledge of workplace health and safety requirements
Unit 30265	Apply health and safety risk assessment to a job role
Total Credits	11 credits [497 - 3 Level 1 credits 30265 - 8 Level 3 Credits]
Course Duration	One Day (8 hours)
Availability	<ul style="list-style-type: none"> ✓ Nationwide at one of our training centres ✓ At your school
Course Cost	\$2,250 +GST (20 Student Maximum)



Schools Health and Safety

Gain the knowledge that will prepare you for future employment with the knowledge of workplace health and safety, and undertaking job safety analysis

People credited with this unit standard are able to identify and describe legislative rights and responsibilities for workplace health and safety; describe the systems approach to workplace health and safety; explain how risks and hazards are defined in the Health and Safety at Work Act (HSWA). For a specified job, able to: prepare a work method statement; and undertake a job safety analysis.

Key Learning Outcomes:

- ✓ Identify and describe legislative rights and responsibilities for workplace health and safety

- ✓ Describe the systems approach to workplace health and safety

- ✓ Explain how risks and hazards are defined in the HSWA

- ✓ Able to: prepare a work method statement; and undertake a job safety analysis

SCHOOLS HEALTH AND SAFETY	
Unit 497	Demonstrate knowledge of workplace health and safety requirements
Unit 19522	Undertake job safety analysis
Total Credits	6 credits [497 - 3 Level 1 credits 19522 - 3 Level 3 Credits]
Course Duration	One Day (8 hours)
Availability	<ul style="list-style-type: none"> ✓ Nationwide at one of our training centres ✓ At your school
Course Cost	\$2,250 +GST (20 Student Maximum)



Schools Essentials in Health and Safety

Gain the knowledge to assist you with putting good Health and Safety practices into motion from day 1. Learn your roles and responsibilities as a worker, as well as how to complete a risk assessment and JSA.

People credited with this unit standard are able to assist with identification of hazards and controls; to monitor adherence to safety work practices for work taking place in hazardous environments; and to respond in accordance with the defined site emergency response plan should this be required.

Key Learning Outcomes:

- ✓ Identify and describe legislative rights and responsibilities for workplace health and safety
- ✓ Describe the systems approach to workplace health and safety; explain how risks and hazards are defined in the HSWA.
- ✓ Describe the principles of health and safety risk assessment
- ✓ Apply health and safety risk assessment to a job role in accordance with regulatory requirements and industry good practice
- ✓ Prepare a work method statement; and undertake a job safety analysis

SCHOOLS ESSENTIALS IN HEALTH AND SAFETY

Unit 497	Demonstrate knowledge of workplace health and safety legislation
Unit 19522	Undertake job safety analysis
Unit 30265	Apply health and safety risk assessment to a job role
Total Credits	14 Credits [497 - 3 Level 1 credits 19522 - 3 Level 3 Credits 30265 - 8 Level 3 Credits]
Course Duration	Two Days (16 hours)
Availability	<ul style="list-style-type: none">✓ Nationwide at one of our training centres✓ At your school
Course Cost	\$3,850 +GST (20 Student Maximum)



Schools Essentials in Construction

Gain the knowledge that will allow you to enter your first day in the Construction Industry with a solid foundation of information about your Health and Safety responsibilities

This course will give you an understanding of terminology/signage used on a construction site and how to complete a Risk assessment including Job Safety Analysis (JSA)s to meet the requirements of the HSWA 2015

Key Learning Outcomes:

- ✓ Identify and describe legislative rights and responsibilities for workplace health and safety
- ✓ Describe the systems approach to workplace health and safety
- ✓ Explain how risks and hazards are defined in the HSWA
- ✓ Describe the principles of health and safety risk assessment
- ✓ Apply health and safety risk assessment to a job role in accordance with regulatory requirements and industry good practice
- ✓ Demonstrate knowledge and apply the organisation's health and safety procedures, under supervision for a building construction site

SCHOOLS ESSENTIALS IN CONSTRUCTION

Unit 497	Demonstrate knowledge of workplace health and safety legislation
Unit 21209	Demonstrate knowledge of and carry out health and safety procedures for a building construction site.
Unit 30265	Apply health and safety risk assessment to a job role
Total Credits	15 Credits [497 - 3 Level 1 credits 21209 - 4 Level 2 Credits 30265 - 8 Level 3 Credits]
Course Duration	Two Days (16 hours)
Availability	<ul style="list-style-type: none"> ✓ Nationwide at one of our training centres ✓ At your school
Course Cost	\$3,850 +GST (20 Student Maximum)



Schools Height Safety Introduction

Understand how to effectively use height safety and safety harness equipment.

This course will provide you with the skills to identify the correct equipment, carry out pre-use checks and learn how to use a harness in conjunction with other height safety equipment.

We cover hazards associated with working at height, with scaffolds, mobile elevated work platforms, ladders, ramps and stairways.

To further support this training you will also gain an understanding of the hazard and risk management process, in particular, hazards associated with height systems and ascertain the importance of having a rescue plan.

Key Learning Outcomes:

- ✓ Explain the legislative requirements and systems used when working at height
- ✓ Demonstrate knowledge of hazards associated with wearing safety harness and associated equipment
- ✓ Demonstrate knowledge of safety harnesses and associated systems and equipment
- ✓ Check and fit a safety harness
- ✓ Identify suitable height work equipment and suitable anchor points for fall arrest systems

SCHOOLS HEIGHT SAFETY INTRODUCTION

Unit 17600	Explain safe work practices for working at heights
Unit 23229	Use safety harness system when working at height
Total Credits	7 credits [17600 - 3 Level 3 credits 23229 - 4 Level 3 Credits]
Course Duration	One Day (8 hours)
Availability	<ul style="list-style-type: none"> ✓ Nationwide at one of our training centres ✓ At your own site or workplace
Course Cost	\$2,250 +GST (12 Student Maximum)



Schools Hearing Conservation and Manual Handling

Gain a valuable understanding of how to avoid back pain and hearing loss, two of the most common workplace injuries.

This course will provide you with the manual handling skills to avoid injury in the workplace. You will learn how the back works and practical techniques for reducing the risk of injury. Excessive noise is also a major health issue in the workplace which if not controlled can cause significant hearing damage. During this course you will learn how to manage and control noise, as well as useful methods of hearing protection.

Key Learning Outcomes:

- ✓ Understand how back injuries can occur and how to prevent it
- ✓ Describe the structure and function of the spine
- ✓ Identify back care techniques
- ✓ Identify workplace control measures to reduce the risk of back injury
- ✓ Demonstrate knowledge of how excessive noise can cause harm to your hearing
- ✓ Understand how to manage and control noise and the different methods of hearing protection

SCHOOLS HEARING CONSERVATION AND MANUAL HANDLING

Unit 17592	Identify the causes of back injury and methods to prevent back injuries in the workplace
Unit 17594	Demonstrate knowledge of hearing conservation in the workplace
Total Credits	7 credits [17592 - 4 Level 3 credits 17594 - 3 Level 3 Credits]
Course Duration	One Day (8 hours)
Availability	<ul style="list-style-type: none"> ✓ Nationwide at one of our training centres ✓ At your school
Course Cost	\$2,250 +GST (20 Student Maximum)



Schools Fire and Emergency Warden

Gain the knowledge and skills to carry out an effective fire and emergency plan.

This course will give you an in-depth understanding of the duties of a Fire and Emergency Warden in accordance with the law, as well as the practical skills to effectively evacuate the workplace in event of a fire or emergency.

Key Learning Outcomes:

- ✓ Demonstrate knowledge of evacuation requirements for a particular workplace or site.
- ✓ Explain the duties of a Fire and Emergency Warden in accordance with the law
- ✓ Select and implement a strategy to evacuate the workplace

SCHOOLS FIRE AND EMERGENCY WARDEN

Unit 18408	Demonstrate knowledge of fire and emergency warden duties in the workplace.
Total Credits	3 credits [18408 - 3 Level 3 credits]
Course Duration	Half Day (4 hours)
Availability	<ul style="list-style-type: none"> ✓ Nationwide at one of our training centres ✓ At your school
Course Cost	\$1,490 +GST (12 Student Maximum)



Schools Fire Extinguisher

Gain knowledge in the operation of different types of fire extinguishers and fire suppression techniques used in the workplace.

This course will provide you with an understanding of the different types of fire extinguishers and give you the practical skills to put out a fire using the correct equipment, whilst learning about new developments relating to effective fire suppression.

Key Learning Outcomes:

- ✓ Demonstrate knowledge of the basic principles of the physics and chemistry of fire
- ✓ Understand the fire classes and fire suppression techniques
- ✓ Select and implement a strategy to deal with fire

SCHOOLS FIRE EXTINGUISHER	
Unit 3271	Suppress fire with hand extinguishers and fixed hose reels
Unit 4647	Explain the principles of fire science
Total Credits	2 credits [3271 -1 Level 2 credit 4647 - 1 Level 2 Credit]
Course Duration	Half Day (4 hours)
Availability	<ul style="list-style-type: none"> ✓ Nationwide at one of our training centres ✓ At your school
Course Cost	\$1,490 +GST (12 Student Maximum)



Schools Construction Site Access

Gain knowledge of health and safety legislation as it applies to building and construction sites. Apply health and safety procedures under supervision for a building or construction site.

This course will quickly upskill workers and enable them to behave safely on building and construction sites. It gives an understanding of health and safety legislation while focusing on signage, personal protective equipment (PPE) and relevant health and safety procedure.

This course is suitable for any person required to enter and work on a building or construction site. It offers a nationally recognised NZQA unit standard.

Key Learning Outcomes:

- ✓ Understand health and safety procedures
- ✓ Identify personal protective equipment for the workplace and its correct use
- ✓ Identify worksite specific health and safety procedures
- ✓ Awareness of hazard identification relating to hazards
- ✓ Awareness of what to do in an emergency

SCHOOLS CONSTRUCTION SITE ACCESS

Unit 21209	Demonstrate knowledge of and carry out health and safety procedures for a building construction site
Total Credits	4 credits [21290 - 4 Level 2 credits]
Course Duration	Half Day (4 hours)
Availability	<ul style="list-style-type: none">✓ Nationwide at one of our training centres✓ At your School
Course Cost	\$1,490 +GST (12 Student Maximum)



Schools Confined Space - Entrant Only

Acquire a comprehensive understanding of the hazards and controls used when working with confined spaces.

This course will provide you with knowledge of the legislative requirements and an understanding of how to identify the associated hazards, applicable control measures and monitoring and testing requirements when working with confined spaces. It will also cover the responsibilities and duties of people entering or conducting observation duties.

Key Learning Outcomes:

- ✓ Recognise the legislative requirements associated with working in a confined space

- ✓ Assess the level of harm from hazards and determine the suitable controls needed

- ✓ Demonstrate knowledge of gases, their causes, their harmful effects and correctly select and explain the purpose and operation of gas detectors including the safety checks and certificates required

- ✓ Understand the responsibilities and duties of people entering confined spaces or conducting observation duties for confined spaces

- ✓ Determine the legal documentation requirements for the entry, define the necessary considerations on an entry permit form, complete an entry permit form and all additional relevant documentation

SCHOOLS CONFINED SPACE ENTRANT ONLY

Unit 18426	Demonstrate knowledge of hazards associated with confined spaces
Total Credits	4 credits [18426 - 4 Level 3 credits]
Course Duration	One Day (8 hours)
Availability	<ul style="list-style-type: none"> ✓ Nationwide at one of our training centres ✓ At your School
Course Cost	\$2,160 +GST (12 Student Maximum)



Schools Discomfort Pain and Injury

Ensure ongoing physical performance by understanding how the body functions and effective techniques to combat the risk of injury.

This course will support anyone that is involved in or responsible for the prevention and management of discomfort, pain and injury within your organisation. Gain clarity on effective methods to use, including lifting and moving techniques that will relate directly to common workplace activities and knowledge around combating back and musculoskeletal injuries.

Key Learning Outcomes:

- ✓ Describe what is meant by discomfort, pain and injury
- ✓ Outline the groups of contributory factors that lead to discomfort, pain and injury
- ✓ Describe the contributory factors that individuals and workplaces need to consider when preventing and managing discomfort, pain and injury
- ✓ Outline measures used to manage the risks to staff experiencing discomfort, pain and injury

SCHOOLS DISCOMFORT, PAIN AND INJURY

Unit 17591	Demonstrate knowledge of the prevention and management of Discomfort, Pain and Injury (DPI) in the workplace
Total Credits	8 credits [17591 - 8 Level 3 credits]
Course Duration	One Day (8 hours)
Availability	<ul style="list-style-type: none"> ✓ Nationwide at one of our training centres ✓ At your School
Course Cost	\$2,290 +GST (12 Student Maximum)



Health and Safety Legislation - Schools

Learn about the key roles and responsibilities of Health and Safety Representatives, as well as Health and Safety Committee members within a workplace.

This course will provide you with the ability to describe key health and safety legislation, documentation that supports health and safety at work and the role of a Health and Safety regulator.

As well as knowledge about PCBU and worker responsibilities.

Key Learning Outcomes:

- ✓ Demonstrate an operational understanding of current New Zealand Health and Safety Legislation
- ✓ Describe key duties and the application of those duties in the workplace in accordance with Health and Safety Legislation
- ✓ Describe the role of a Health and Safety Representative and also members of the health and Safety Committee members
- ✓ Describe the key roles in terms of worker participation and engagements in relation to the HSWA

*Person Conducting a Business or Undertaking

HEALTH AND SAFETY LEGISLATION - SCHOOLS

Unit 30264	Describe duties, rights, representation and the regulator in terms of New Zealand health and safety legislation
Total Credits	3 credits [30264 - 3 Level 3 credits]
Course Duration	Half Day (4 hours)
Availability	<ul style="list-style-type: none"> ✓ Nationwide at one of our training centres ✓ At your school
Course Cost	\$1,490 +GST (20 Student Maximum)



Workplace Health and Safety Culture Practice - Schools

Gain the knowledge of workplace health and safety culture, to prepare you for the workforce

This course will provide you with the ability to describe health and safety work practices in the workplace. As well as providing you with crucial knowledge about general workplace health and safety, communications processes and workplace health and safety culture

Key Learning Outcomes:

- ✓ Describe types of workplace health and safety practices, their purpose and when they are used
- ✓ Describe the process for health and safety reporting in a workplace
- ✓ Describe notifiable work and notifiable events, and the process for reporting these to the New Zealand health and safety regulator
- ✓ Describe the communications process in terms of health and safety practices
- ✓ Describe workplace health and safety culture

WORKPLACE HEALTH AND SAFETY CULTURE PRACTICE - SCHOOLS

Unit 30266	Demonstrate knowledge of workplace health and safety culture, and practices
Total Credits	6 credits [30266 - 6 Level 3 credits]
Course Duration	One Day (8 hours)
Availability	<ul style="list-style-type: none"> ✓ Nationwide at one of our training centres ✓ At your school
Course Cost	\$2,290 +GST (12 Student Maximum)

Schools Health & Safety e-Learning

Accompanying our portfolio of schools training are our Schools e-Learning solutions.

Allowing participants to complete where and when they choose, these are a great online alternative for schools and/or trainees where group training is not suitable.





Online Basic Hazard and Risk Management – Schools

Prepare yourself for future employment, with a comprehensive understanding of how to identify and assess potential hazards and risks in the workplace.

This course will give you the skills to identify the difference between hazards and risks in the workplace or job role and carry out a risk assessment for specific workplace scenarios. You will also learn about the effect of uncontrolled risks and how they can affect not only the workers, but the organisation and the environment as well.

Safety 'n Action uses a range of interactive learning techniques to bring its courses to life, including videos, multi-choice, quizzes, drag-and-drop and visual exercises.

Key Learning Outcomes:

- ✓ Demonstrate knowledge of workplace health and safety legislation

- ✓ Ability to identify, control and monitor risks in the workplace

- ✓ Understand how to describe the principles of health and safety risk assessment

- ✓ Application of health and safety risk assessment to a job role in accordance with regulatory requirements and industry good practice

ONLINE BASIC HAZARD AND RISK MANAGEMENT – SCHOOLS

Unit 30265	Apply health and safety risk assessment to a job role
Total Credits	8 credits [30265 - 8 Level 3 Credits]
Course Duration	Self-paced
Availability	✓ Online (Web-based)
Course Cost	\$105 +GST per student



Online Hazard and Risk Management – Schools

Prepare yourself for future employment, with a comprehensive understanding of how to identify and assess potential hazards and risks in the workplace.

This course will give you the skills to identify the difference between hazards and risks in the workplace or job role and carry out a risk assessment for specific workplace scenarios. You will also learn about the effect of uncontrolled risks and how they can affect not only the workers, but the organisation and the environment as well.

Safety 'n Action uses a range of interactive learning techniques to bring its courses to life, including videos, multi-choice, quizzes, drag-and-drop and visual exercises.

Key Learning Outcomes:

- ✓ Demonstrate knowledge of workplace health and safety legislation

- ✓ Ability to identify, control and monitor risks in the workplace

- ✓ Understand how to describe the principles of health and safety risk assessment

- ✓ Application of health and safety risk assessment to a job role in accordance with regulatory requirements and industry good practice

ONLINE HAZARD AND RISK MANAGEMENT – SCHOOLS

Unit 30265	Apply health and safety risk assessment to a job role
Unit 497	Demonstrate knowledge of workplace health and safety requirements
Total Credits	11 credits [497 - 3 Level 1 credits 30265 - 8 Level 3 Credits]
Course Duration	Self-paced
Availability	✓ Online (Web-based)
Course Cost	\$160 +GST per student



Online Manual Handling- Schools

Understand how the body functions and how to use the correct techniques to prevent back injury in the workplace.

This course will help you understand the harmful and physical demands placed on our bodies and give you the tools to support your long term physical performance. Learn to apply effective lifting and moving techniques that will relate directly to your work activities and gain awareness and knowledge for combating back and musculoskeletal injuries.

Key Learning Outcomes:

- ✓ Describe the structure and function of the spine
- ✓ Identify risk factors associated with occupational back injury and techniques that reduce the risk of back injury
- ✓ Identify work place control measures to reduce the risk of back injury
- ✓ Identify back care techniques

ONLINE MANUAL HANDLING - SCHOOLS

Unit 17592	Identify the causes of back injury and methods to prevent back injuries in the workplace
Total Credits	4 credits [17592 - 4 Level 3 credits]
Course Duration	Self-paced
Availability	✓ Online (Web-based)
Course Cost	\$95 +GST per Student



Online Hearing Conservation - Schools

Learn how to identify and manage the risk and hazards associated with hearing loss.

This course will give you an understanding of the hearing mechanism and the causes of hearing impairment. Practical exercises will teach you how to measure sound intensity and gain a perspective of the hearing comfort zone and the range that would likely cause harm. It will also cover your legal obligations in terms of protecting the hearing of your team.

In accordance with the requirements to maintain Consent to Assess for the unit standards taught on this course, Safety 'n Action had this course pre moderated and approved by our standard setting body, The Skills Organisation.

Key Learning Outcomes:

- ✓ Understand the mechanism of hearing, and the causes of hearing impairment.
- ✓ Learn how sound intensity is measured, the hearing comfort zone, and the effects of noise on the hearing mechanism
- ✓ Demonstrate knowledge of types of, and the benefits of using, hearing protection equipment.
- ✓ Demonstrate knowledge of workplace hearing protection programme requirements.
- ✓ Demonstrate knowledge of how excessive noise can cause harm to your hearing

ONLINE HEARING CONSERVATION - SCHOOLS

Unit 17594	Demonstrate knowledge of hearing conservation in the workplace
Total Credits	3 credits [17594 - 3 Level 3 credits]
Course Duration	Self-paced
Availability	✓ Online (Web-based)
Course Cost	\$95 +GST per Student



A Trusted Schools Training Provider

With over 26 years' health and safety experience, Safety 'n Action are trusted training providers.

Our highly skilled team of training professionals come from industry and share a passion for creating a safer Aotearoa.

Train at one of our centres nationwide or hop online and train at a time that suits you.

Bookings can be completed online, via email or over the phone.



Website:

BOOK TODAY!



 0800 222 388

 [safetynaction](#)

 [safetynaction.co.nz](#)

 [safety-'n-action](#)