

## **Overview**

This refresher course will provide you with an up to date reinforcement of understanding regarding the different types of fire extinguishers and give you the practical skills to put out a fire using the correct equipment, whilst learning about new developments relating to effective fire suppression.

## **Prerequisites**

Students must be able to kneel on the floor to perform first aid functions and will require use of both hands/arms. If you have students with physical limitations, please contact us to discuss.

## **Course Content**

- Learn to recognise the different types of bleeding
- Identifying life-threatening arterial bleeding
- ▼ The importance of quick action
- Early Defibrillarion
- Defibrillation use
- Direct pressure techniques on wounds
- Wound packing, bandages and tourniquets
- Understand the signs and symptoms of hypovolemic shock

**Book your training today** 

0800 222 388

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