

First Aid Level 1 – Basic (Face to Face)



**SAFETY[™]
ACTION**

**AXIOM
TRAINING**

Gain the knowledge and abilities necessary to perform basic life support (CPR) and administer first aid to persons feeling the initial impact of bleeds, burns, fractures, soft tissue injuries, and poisons.



Capacity

15 attendees



Duration

8 Hours



Locations

At our local training centre
At your own site or workplace

Overview

During this First Aid training, you will gain the knowledge and abilities necessary to perform basic life support (CPR) and administer first aid to persons feeling the initial impact of bleeds, burns, fractures, soft tissue injuries, and poisons. In addition, you can recognise the warning signs and symptoms of someone who is experiencing the negative effects of a medical condition and be able to aid until the casualty recovers or emergency services arrive and take over.

Prerequisites

Students need to have 3 months of work experience in the industry prior to doing the course. Students must be able to kneel on the floor to perform CPR functions and will require use of both hands/arms. If you have students with physical limitations, please contact us to discuss.

Course Content

- ✓ Provide basic life support and first aid.
- ✓ Understand and be able to respond to dangers to ensure the safety of yourself and others in the area
- ✓ Assess and assist a collapsed or injured person(s).
- ✓ Control foreign body airway obstructions
- ✓ Apply basic first aid to a range of traumas and/or medical conditions.

Unit Standards

- UNIT 6402** Provide Basic Life Support
UNIT 6401 Provide First Aid

Book your training today

0800 222 388

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