

First Aid Level 1 - Basic Refresher (Blended Learning)

This course is a combination of Online and Face to Face Training.

Complete your theory component online in your own time (60 days provided), followed by a 4 Hour practical component.



**SAFETYTM
ACTION**

**AXIOM
TRAINING**



Capacity

15 Attendees



Blended Learning

Online Theory + 4
Hour Practical



Locations

At your own site or workplace

Overview

This nationally recognised First Aid course will refresh you with the skill and knowledge to recognise emergencies, and comfortably be a first responder to provide a range of first aid treatment and basic life support in line with the New Zealand Resuscitation Council guidelines.

Prerequisites

Students need to have 3 months of work experience in the industry prior to doing the course. Students must be able to kneel on the floor to perform CPR functions and will require use of both hands/arms. If you have students with physical limitations, please contact us to discuss.

Course Content

- ✓ Provide basic life support and first aid.
- ✓ Understand the dangers of and secure an emergency scene.
- ✓ Assess the condition of and assist a collapsed or injured person(s).
- ✓ Control foreign body airway obstructions
- ✓ Apply basic first aid to a range of medical conditions
- ✓ Manage first aid in an emergency.

Book your training today

0800 222 388

safetyaction.co.nz