

First Aid Level 1 - Basic Refresher (Face to Face)



**SAFETYTM
ACTION**

**AXIOM
TRAINING**

Refresh the skills and knowledge to recognise emergencies, and comfortably be a first responder to provide a range of first aid treatment and basic life support.



Capacity

15 Attendees



1 Day Workshop

6 Hours



Locations

At your own site or workplace

Overview

This nationally recognised First Aid course will refresh you with the knowledge and abilities necessary to perform basic life support (CPR) and administer first aid to persons feeling the initial impact of bleeds, burns, fractures, soft tissue injuries, and poisons. In addition, you can recognise the warning signs and symptoms of someone who is experiencing the negative effects of a medical condition and be able to aid until the casualty recovers or emergency services arrive and take over.

Prerequisites

Students need to have 3 months of work experience in the industry prior to doing the course.

Students must be able to kneel on the floor to perform CPR functions and will require use of both hands/arms. If you have students with physical limitations, please contact us to discuss.

Course Content

- ✔ Provide basic life support and first aid.
- ✔ Understand the dangers of and secure an emergency scene.
- ✔ Assess the condition of and assist a collapsed or injured person(s).
- ✔ Control foreign body airway obstructions
- ✔ Apply basic first aid to a range of medical conditions
- ✔ Manage first aid in an emergency.

Book your training today

0800 222 388

safetynaction.co.nz