

Height Safety Introduction

Understand the legal requirements, systems and procedures to conduct work safely at height



**SAFETYTM
ACTION**

**AXIOM
TRAINING**



Capacity

12 Attendees



1 Day Training

8 Hours



Locations

At our local training centre
At your workplace

Overview

This course will guide you through the selection and use of different types of fall arrest equipment. It involves a number of practical scenarios including fall arrest, work positioning, restraint systems and developing a rescue plan. We also cover hazards associated with scaffolds, mobile elevated work platforms, ladders, guardrails, walkways, ramps and stairways.

Prerequisites

Students need to have 3 months of work experience in the industry prior to doing the course.

Course Content

- ✓ Explain the legislative requirements and systems used for working at heights
- ✓ Demonstrate knowledge of hazards associated with wearing a safety harness and associated equipment
- ✓ Demonstrate knowledge of safety harnesses and associated systems and equipment
- ✓ Use a safety harness system where a fall hazard exists at height
- ✓ Check and fit a safety harness system
- ✓ Demonstrate knowledge of the rescue plan to be activated in the event of a fall
- ✓ Identify the common types of height safety equipment used in the workplace
- ✓ Identify suitable height work equipment and suitable anchor points for fall and arrest systems
- ✓ Use height safety equipment and plan rescue techniques and emergency procedures for working at height

Unit Standards

- UNIT 17600** Explain safe work practices for working at heights
- UNIT 23229** Use a safety harness for personal fall prevention when working at height
- UNIT 25045** Employ height safety equipment in the workplace

Book your training today

0800 222 388

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