

# Harness Safety



**SAFETY<sup>TM</sup>  
ACTION**

**AXIOM  
TRAINING**

Understand how to effectively use a safety harness system and associated equipment when working at heights.



## Capacity

12 attendees



## Half Day workshop

4 hours



## Locations

At our local training centre  
At your own site or workplace

## Overview

This course will provide you with the skills to identify the correct equipment, carry out pre-use checks and learn how to use the harness safely in conjunction with other height safety equipment. Also, understand the hazard and risk management process, specifically on hazards associated with heights systems and ascertain the importance of having a rescue plan and recovery method's in place, prior to beginning any activity.

## Prerequisites

Students need to have 3 months of work experience in the industry prior to doing the course.

## Course Content

- ✓ Demonstrate knowledge of the hazards associated with wearing a safety harness and associated equipment
- ✓ Demonstrate knowledge of safety harnesses and associated systems and equipment
- ✓ Check and fit a safety harness system
- ✓ Use a safety harness system where a fall hazard exists at height
- ✓ Demonstrate knowledge of the rescue plan to be activated in the event of a fall

## Unit Standards

**UNIT 23229** Use safety harness system when working at height

**Book your training today**

**0800 222 388**

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