

# First Aid Level 1 - Basic Refresher (Face to Face)



**SAFETY<sup>™</sup>  
ACTION**

**AXIOM  
TRAINING**

Refresh the skills and knowledge to recognise emergencies, and comfortably be a first responder to provide a range of first aid treatment and basic life support.



#### **Capacity**

15 attendees



#### **Duration**

6 Hours



#### **Locations**

At your own site or workplace

## **Overview**

This nationally recognised First Aid course will refresh you with the knowledge and abilities necessary to perform basic life support (CPR) and administer first aid to persons feeling the initial impact of bleeds, burns, fractures, soft tissue injuries, and poisons. In addition, you can recognise the warning signs and symptoms of someone who is experiencing the negative effects of a medical condition and be able to aid until the casualty recovers or emergency services arrive and take over.

## **Prerequisites**

Students need to have 3 months of work experience in the industry prior to doing the course. Students must be able to kneel on the floor to perform CPR functions and will require use of both hands/arms. If you have students with physical limitations, please contact us to discuss.

## **Course Content**

- ✓ Provide basic life support and first aid.
- ✓ Understand the dangers of and secure an emergency scene.
- ✓ Assess the condition of and assist a collapsed or injured person(s).
- ✓ Control foreign body airway obstructions
- ✓ Apply basic first aid to a range of medical conditions
- ✓ Manage first aid in an emergency.

## **Refreshed Unit Standards**

**UNIT 6402** Provide Basic Life Support  
**UNIT 6401** Provide First Aid

**Book your training today**

**0800 222 388**

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